

### Mevagh Ramblers Walk Rules

Walks take place every two weeks.

A walking schedule will be published every three months.

A named member will lead each walk.

The Walks Organiser will collect the names of those willing to lead a walk and call a meeting to publish the schedule.

Any walk may be modified at the leader's discretion.

- A - easy walks at a gentle pace, several stops; rarely longer than 8 miles little gradients
- B- walks that, while often involving mountains, are usually on obvious footpaths and with relatively easy gradients.
- C- Mountain or moorland walks which don't include scrambles. Require a good level of fitness with steep gradients and broken ground.
- D - Any walk including a scramble.

Everyone must have footwear, clothing, food and equipment appropriate to the weather and other conditions.

Leaders may refuse to allow anyone to join a walk if they consider them to be inadequately equipped or not fit enough for that walk

Everyone is expected to keep together throughout the walk, and not to get ahead of the leader.

Under no circumstances should anyone leave the group without first informing the leader and agreeing a safe route.

Children under 16 and buggies are not permitted on walks.

Dogs are not allowed on club walks.

In the event of an accident, leaders must give full details in writing to the secretary, including a list of all people on the walk.